

# SUPER NEWS Canterbury / Westland Branch November 2025

Government Superannuitants' Assn., Canterbury / Westland Branch 129 Marshland Road, Shirley, Christchurch 8061

### **CURRENT DIRECTORY**Branch Secretary-Treasurer

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 Tony Gooding
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Walker Trust Convenor Gavin Stuart District Liaison Members

Ashburton: Vacant Greymouth: Vacant

Hokitika: Anne Kelly 03 755 6383 Westport: Norman Crawshaw 03 789 8866

#### Chairman's Report, November. 2025

In the April newsletter, I mentioned "my old head", when talking about my lack of understanding as to how American tariffs would affect us. I hope you will forgive me for using that concept again, as I write a few words about artificial intelligence, (AI). I feel I won't be the only reader who has concerns about how AI is being used, how it will develop through the remainder of our lives, and whether our old heads will be able to keep up with its ramifications. AI is developing extremely fast, and already we have heard of examples where a person's physical appearance and voice has been so well duplicated that even the original person felt they would have been deceived. More mundane activities, such as AI for writing job-application letters are common-place.

Two examples follow, which I encountered recently.

I was talking about AI to an academic biologist and she was keen to show how 'good' AI could actually be. She knew I had a reasonable background in the subject and would be able to appreciate the outcome. Her approach was to ask me to write a biological question which I would like to see an answer for. It was a surprise, therefore, for her to ask me to go away and answer my own question! I came back in 90 minutes with my typescript. To get the fastest response, I used ideas and examples from my own memory, greatly reducing the research time. My biologist friend then put my question to an AI programme. Two more surprises: the answer was correct, well-constructed and more comprehensive than my own answer. It was also done very, very fast.

One of my sons is an environmental chemist, often looking at biochemical pathways. Many pathways, and substances have very long names and are usually given abbreviations. (One of the most common examples is DNA, short for a name with 22 letters.) For a teaching example, my son chose a substance, which I will call RIN3 because I have forgotten the actual name. He then asked an AI programme what RIN3 was. The programme couldn't give an adequate answer. He then added a paragraph from a biochemical paper, where the term RIN3 was used but without any description about what RIN3 actually was. The AI programme then had a context to work within and came up with a correct, detailed answer which it must have compiled from a range of biochemical publications. My son was stunned with the precision in the document and by how quickly it was produced: "almost instantaneously!".

I read in a magazine this week how AI was going to hugely increase productivity. These examples above suggest that is true: for example, a report-writer can extract much more product per day. Unfortunately, that also means fewer report-writers needed. My old head has a problem with how many employees will be put out of jobs through AI and how our communities are going to be able to look after them. Other worrying things about AI are the immense amounts of energy required in developing AI systems and also that AI content can be produced so quickly that the internet can be flooded with AI generated text so fast that balance, control or regulation can't operate. Some commentators show that AI can come up with nonsense amongst good sense. Am I going to be able to tell the difference? Am I going to be able to tell whether an article has been written by a human, or AI?

Maybe your Chairperson didn't write this at all.

GSA Council 2025 was held in the second weekend of September. I presume there will be a full review of it in Annuity News and that will save any summary here. Your delegates were Maurice Sinclair and Doug Francis, and we were pleased that there was more discussion on topics this year, taking the formal business well into the second day.

Our Canterbury/Westland committee continues to be well-attended, along with the addition of a new member from the Annual Meeting: Raewyn Dawson. She has 'hit the ground running', being regularly involved in discussions and sharing her wisdom.

Later in this newsletter you will see details for the Christmas Luncheon. Come alone or organise a group to share an afternoon with lovely people.

Maurice Sinclair, 29<sup>th</sup> September 2025.

**BRANCH MEETINGS** are held on the 4<sup>th</sup> Tuesday of every month except December, at the Papanui RSA, 55 Bellvue Avenue, Papanui, commencing 1.30 pm. Members are welcome to attend, however we would ask you to please ph Janine (942-7338) and let her know that you would like to attend, so that we can cater for afternoon tea.

Liaison Personnel - Urgently required for:
Ashburton & Greymouth
Call Janine (03) 942-7338 for details

#### Visits To Our Sub Branches

The Canterbury Westland GSA Branch committee members' travel to our Sub Branches in Ashburton, Rangiora and the West Coast on a rotating 3 year cycle, to meet with our members.

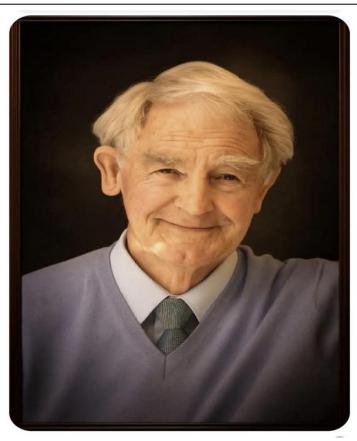
We travelled to Ashburton for a Meeting in February, 2024, and we travelled to Rangiora in March this year, both were successful Meetings.

We plan to travel to Greymouth/ West Coast during this financial year 25/26.

A separate Newsletter will be sent to our members in the West Coast area advising them of the dates, venue and times approximately 3 weeks prior to the Meeting.

However, if anyone has any questions, issues etc that they wish to discuss, please feel free to call Janine on 0800 888 472, or email cantywest@gsa.org.nz

Janine Lynn Secretary/Treasurer



We were saddened to learn of the passing of Peter Gooding, on 22 September 2025, aged 93. Peter was voted on to the Canterbury Westland Branch committee in 1992. Peter was the Secretary/Treasurer, Chairman, Super News Editor, in fact did any role that was vacant. He was a delegate to many Council Meetings and in 2002 was made a Life Member of the Government Superannuitants Association.

Peter retired from our Committee in 2009, to care for his wife Jane who passed away in 2012. Peter's funeral service will be held at St. James Church, cnr Harewood & Waimakariri Rds, on 21 October, 25 at 11 am.

### **CHRISTMAS FUNCTION NEWS**

On Tuesday, 2 December, 2025 our Christmas Luncheon will be held in "The Junction" a separate, events area within the Richmond Club. located on the corner of Stanmore Road and London Street in Richmond. A large carpark is available with entrances from both London and Avalon Streets. Metro Bus Service stop on the corner of Stanmore Road & London Street, Route 60, and the Orbiter each provide regular services.

Refer to all other details on this Function on Page 8 of this Super News Should anyone require a lift to the venue, call Janine, and she will attempt to help out



### **HAPPY BIRTHDAY**

Have you reached the age of 79? If you have, we will post you a Birthday Card, or we can visit you, on all your following birthdays. All that is required, is for you to telephone Janine (03 9427338 or 0800 888 472) with your date of birth and telephone number.

If you are 80 years plus and did not receive a card or a visit, please call Janine on 03 942-7338 or 0800 888 472.

### **WALKER TRUST REPORT**

Our "team of visitors" have been working hard again this year, visiting those on our list of over 80's on, or close to their birthdays. These visits

have been greatly appreciated, going from the thank you cards, notes and telephone calls we receive.

We are looking for members who can assist with visiting members on their birthday, in the following areas:

- Cass Bay / Governors Bay
- Ashburton Area
- Sumner / Richmond Hill / Ferrymead
- Greymouth
- Northwood
- Rangiora/Pegasus

This is a very rewarding task that does not take up much of your time. We would love to hear from you – Call Janine on (03 942-7338) for further information.

At our AGM held in May, our Guest Speaker was Brent Ruru. He was very interesting, regarding funeral options.

### EVERYTHING FUNERAL. www.everythingfuneral.nz

## Memorial Services Celebrations of Life

### **EVERYTHING FUNERAL**

Your life. Your farewell. Know your options.



BRENT RURU 027 511 0249 everythingfuneralnz@gmail.com

### Helping families navigate:

Memorial Services | Celebrations of Life Interment of Ashes | Assisting with Coordinating and Officiating. Do you know what your funeral options are when you die?

Burial or cremation?
Funeral service or memorial service?

Engaging a funeral director or doing-it-yourself?

Embalm or not to embalm?

What does it cost?

What support services are available to help with the grief of losing a loved one?

And, if you want to pre-plan a farewell in advance, where should you begin?

Advocacy | Group Presentations Celebrant | Grief Tools

An independent service.

www.everythingfuneral.nz

www.everythingfuneral.nz



### Aren't all medical alarms the same?



### Actually...no, they're not! **OUR ALARMS ARE:**

Fully MOBILE (GPS) Two way voice comms Showerproof

Fall detectors

Able to connect you to ANY EMERGENCY SERVICE (Ambulance, as well as Police & Fire)

You may be eligible for government funding too. Able to summon a SECURITY GUARD

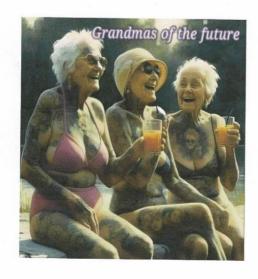
More AFFORDABLE than many others!



### **Doug Francis**

Canterbury Veterans Consultant

021 973 193







### When you move it is vitally important that you inform ---

#### **Both** your Local Branch AND The Government Superannuation Fund

**OR** The National Provident Fund.

Canterbury / Westland Branch Govt. Superannuitants Assoc. 129 Marshland Road Christchurch 8061 Toll Free 0800 888 472 FO Box 3614 PO Box 1036 Po Box 1036

WELLINGTON 6140 WELLINGTON 6140
Toll Free 0800 654 731 Toll Free 0800 628 776

When members change addresses, we sometimes lose track of them. Datacom has the addresses of all annuitants, but they are not allowed to give us any change of address information, as this would breach privacy rules. Currently, we have lost track of the members listed below.

Miss Nancy Bell

Mrs Catherine Best



### LOST MEMBERS Last known address

50B Murray Pl, St. Albans 8 Piper Lane, Beckenham

Mrs Beverley Buchols 21 Whero Ave, Lyttelton Mrs Patricia Busson 58 Quinns Rd, Shirley Mr Aidan Carrick 17 Manchester St, Tinwald V13A/60 Browns Rd, St Albans Mrs Eileen Chisholm Mr Frederick Church 147 Cavendish Rd, Casebrook 9 Woodhaven Pl, Parklands Mrs Linda Dawe Mrs Isabella Dawson 6/67 Norwich St, Linwood Mr Gordon Flecknoe 6 Kyeburn Pl, Avonhead Mrs Judith Garvey 31A Sails St, Papanui Mrs Valmai Hale 6 Gatonby Pl, Avonhead Mrs Beatrice Hendry 21 Marshs Rd, Templeton Aldyth Ellen Hudson 3 Arthurson Mews Woolston Mrs Dawn Jack 612 Birchfield Rd, Westport, 7891 Mrs E Maureen Jones 30 Clydesdale Way, Lincoln Mr James Lawrence 86 Iris Taylor Ave, West Melton Mrs Kathleen Muir 61 Springs Rd, Sockburn Mr Richard O'Connell 6 Lesley Keast Pl, Hornby Mr Stanley Papps 10 Willowbrook Pl, Fendalton Mr Peter Reynolds 15 Severn St, St. Albans Miss Martha Thompson 7 Suva St, Upper Riccarton

A HUGE THANK YOU to the members who help with locating missing Members.



### CHRISTMAS BUFFET LUNCHEON MENU

### Main:

Maple & Mustard Champagne Ham GF Roast Beef & Gravy GF Cauliflower & Broccoli cheesy mornay. Buttery minted peas GF Seasonal Roasted vegetables. GF

### Salads:

Seasonal green salad GF Classic potato salad and crispy bacon

### **Dessert:**

Mini pavlova with cream and kiwifruit GF Sticky date pudding with caramel sauce

Tea/Coffee Xmas Cake

CHRISTMAS BUFFET LUNCHEON
TUESDAY 2 December 2025
12 Noon – Bar Service from 11 am
RICHMOND WORKING MENS CLUB
75 London Street, off Stanmore Road
You are welcome to bring a friend.

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RAFFLE TICKETS WILL BE ON SALE

Cost after subsidy, per person \$39.00, and must be made to our account as below,

Our <u>A/c is ANZ 11 7800 0989568 00</u>. Please ensure you use your surname as the Reference.

Please make payment, then complete and return this section by FRIDAY 21 NOVEMBER 2025

I/We intend to be present at the Christmas Luncheon. Cost \$39.00 per person

Number attending	Paid Internet Banking \$
Please Print:	
Name: First	Surname:
Partner: First	Surname:
Friend: First	Surname:
Phone No:	
Ex Department:	

This tear-off must be sent by due date, or you can email <a href="mailto:cantywest@gsa.org.nz">cantywest@gsa.org.nz</a> or phone me and leave a message.

Ample Parking, .